



WELCOME LETTER
AT SX500
ST. PETERSBURG
All seasons resort IGORA
06-07 March 2020



WELCOME!

FOR PARTICIPATION

Competition is open to everybody, who older 16 y.o, who passed registration on atsx.org and icdh.ru and paid registration fee, and has athlete license.

Registration fee – 3500 RUB. (about 45 Euro) Fee should be paid at <http://icdh.ru/rbicatsx500-2020/>

Event license (who don't have season license) should be paid in euro (15 Euro) to ATSX representative onsite.

Payment of the entry fee and the international license entitles the athlete to participate in the Event from 06 to 07 March 2020, under ATSX Ice Cross Athletes' Rulebook 2019-2020 Athlete should fill and bring disclaimer to registration desk (available at atsx.org).

Ice Track

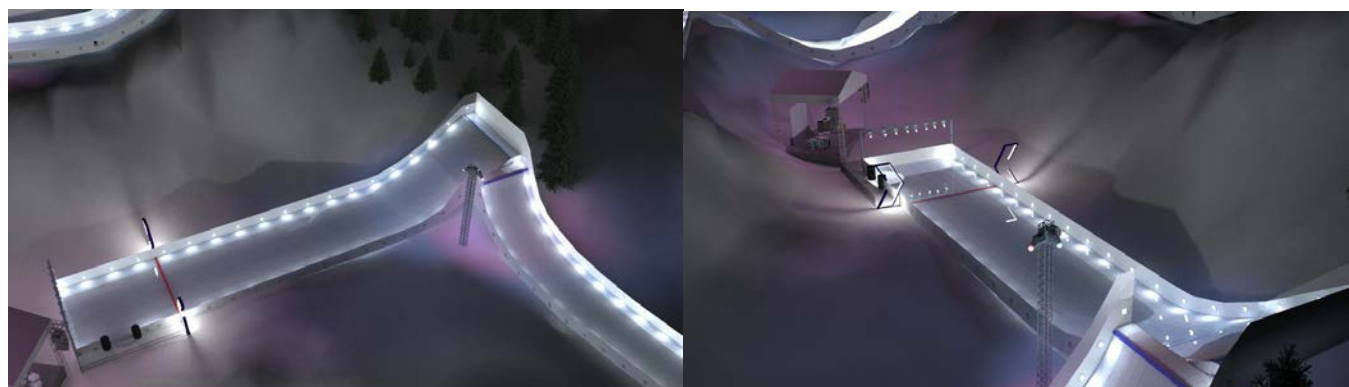
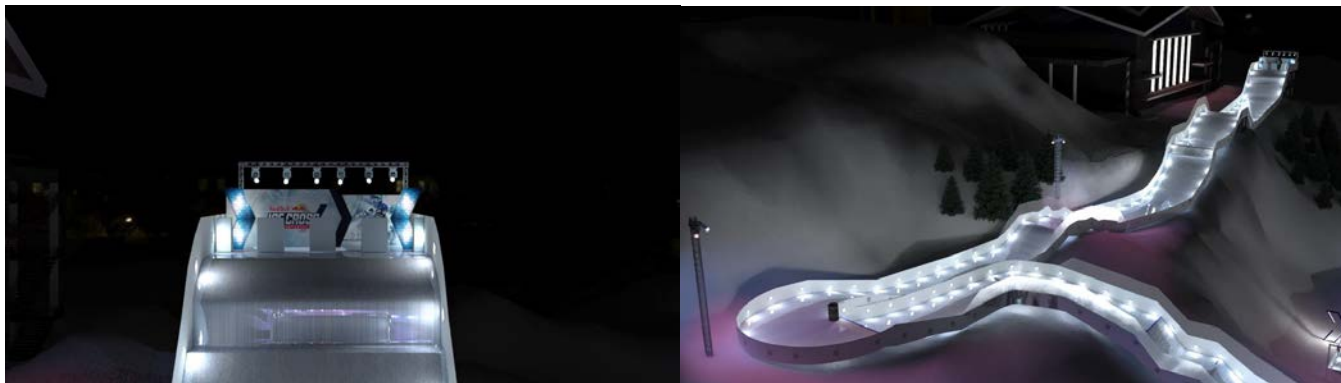
Length: 350m, natural ice

Width: 4m

Elevation drop: 24m

Filled with obstacles, steep start, jump, step-up and rollers.





Event

Men, women and juniors competition going to be at AT5X500, according to the rules .

Max. spots for men – 128

Max. spots for women –64

Max. spots for juniors - 64

Practice runs

Practice runs for participants comes on Thursday, 05 March, 2020.



Reminder!

Every rider should have insurance for the whole period of competing (that's a mandatory).

Without payment of the entry fee and the international license athlete is not allowed to participate.

Participants 16-17 y.o. should provide letter from parent with allowance to compete in extremal event.

05.03.2020 / Thursday

09:00- 19:00 **Athlete registration**

10:00 - 12:00 Practice (free for registered athletes - **only one practice session**)

17:00 - 19:00 Practice (free for registered athletes - **only one practice session**)

06.03.2020 / Friday

08:30 - 09:30 Athlete Briefing

09:30 – 10:00 Practice (1 run)

10:30 - 11:30 **QUALIFICATION JUNIORS (2 runs) /WOMEN (2 runs)**

11:30- 13:30 QUALIFICATION MEN (2 runs)

17:00-18:30 LCQ ROUND (Juniors, Women, Men)

07.03.2020/ Saturday (All day different activities)

8:00-8:30 Athlete Briefing

8:30-10:00 Race day practice

16:00 -16:30 Athlete Briefing

17:30-20:00 AT5X500 Final (Juniors, Women & Men)

20:30 - Prize giving ceremony

22:00 –After Party

SCHEDULE could be changed by the host



HOW TO GET TO

Information how to get to IGORA resort you can find on <http://icdh.ru> if you have any further questions please send email which you can find in Contacts

HOW TO GET VISA TO RUSSIA

Information how to get visa to Russia you can find on <http://icdh.ru/visa-to-russia/> If you have any further questions please send email or Whats App

ACCOMMODATION

Accommodation available at IGORA apart-hotel. Two-leveled cottages include kitchen, living room and 2 bedrooms (each has it's own bathroom). Cottage could be booked for 6 people, in case of staying two guests in living room. Breakfast included in price of living.



ATHLETE'S AREA AND REGISTRATION:

Registration will be available from 05 March 2020 th in the the Cinema-hall of the «Ice Palace». Athlete's Area located at the Locker room - in the «Ice Palace» (1st floor)

FOOD, FREE TIME:

All seasons IGORA have on their territory cafe and restaurant.



For an additional fee you can visit SPA area, indoor pool, GYM and much more.

CONTACTS:

If you have further questions, please check icdh.ru
or contact to COO of RICDF **DINA SAFAROVA**:

pr@icdh.ru

+79264209962

WhatsApp



+79264209962

Facebook



<https://www.facebook.com/dina.insideout>

PARTNERS:

Russian Ice Cross Downhill Federation thanks for assistance of making Riders Cup 2018:



MICE TEAM

Events that change

